

## PHYSICAL FITNESS CERTIFICATE



I do hereby certify that I have examined Mr./Ms. **ROOPKANTH** , a candidate for employment in **USHODAYA ENTERPRISES PVT LTD (PUBLICATION DIVISION)** and found that he/she does not have any deformity, contagious or chronic disease or bodily infirmity.

He/She is free from communicable diseases and is fit to perform his/her duties.

1 He/She has marks of Small-Pox/Vaccination YES / NO

2 Height \_\_\_\_\_

3 Weight \_\_\_\_\_

### **CHEST**

4 a) Inspiration \_\_\_\_\_

b) Expiration \_\_\_\_\_

c) Difference \_\_\_\_\_

### **VISION**

5 a) Left \_\_\_\_\_

b) Right \_\_\_\_\_

6 Hearing \_\_\_\_\_

7 Blood Group \_\_\_\_\_

### **Identification Marks**

8 a) \_\_\_\_\_

b) \_\_\_\_\_

Place: \_\_\_\_\_

Date: \_\_\_\_\_

**EXAMINED BY**

SEAL WITH NAME AND  
DESIGNATION